# ‘THE DIANE COOKE MEMORIAL’ OPEN 10 MILE TT 

 SUNDAY $2^{\text {nd }}$ MAY 2021, COURSE K11/10T(Promoted for \& on behalf of CYCLING TIME TRIALS under their Rules \& Regulations)

Event Organiser:

Event Headquarters:

Barry Harden
29 Guilsborough Road
COVENTRY
CV3 2HL.
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'E mail': barryaharden@aol.com
Dunchurch Sportsfield \& Village Hall, Rugby Road, DUNCHURCH, Rugby. CV22 6PN.

First Woman Starts at 8.21 am First Man Starts at 9.01 am

Officials:

Timekeepers;
Recorder;
Timekeepers Spotter;
CTT Observer;
Number Steward;
Results Service;
Marshalls;

Peter Bayliss \& Laurie Bird
Carole Bayliss
Rob Chatwin
Barry Harden
Bob Allen
Jason Noone \& Jon Wood
Kevin Jeffs, Andy Delaney, Sam Griffin Davis, Phil
Davis \& Julie Hinds

## CTT Regulations \& Recommendations:

This Event is being run in line with the current CTT COVID-19 Risk Assessment which Competitors are requested to familiarise themselves with. Due to these restrictions there will be no changing facilities, Result Board or catering available at the HQ. Only Car Parking, Toilet facilities \& Competitor Registration will be available.
Competitors are reminded that it is now compulsory to have a Working Rear Light fitted to their machines; no light no ride.
Remember you must 'Sign Off 'as well as 'Signing On'.
It is recommended that hard-shell helmets that meet a recognised International Safety Standard should be worn; this is compulsory for U18's, (see Regulation 15).

## Course Description:

SP 462 716: START; In the Lay-by 200 yards west of the A45/M45 Thurlaston Island at the $3^{\text {rd }}$ joint in the concrete apron. Ride West along the A45.
SP 415 732: At the Fosse Way Island, (A45/B4455), take the $2^{\text {nd }}$ exit to continue on the A45.
SP 391 741: At the next Island, (A45/A445), take the $4^{\text {th }}$ exit to retrace along the A45.
SP 414 732: At the Fosse Way Island, (A45/B4455), take the $2^{\text {nd }}$ exit to continue on the A45.
SP 465 715: At the A45/M45 Island, take ${ }^{\text {st }}$ exit onto the B4429 towards Thurlaston/Dunchurch.
SP 465 715: FINISH; 60 yards past the right turn to Thurlaston, (Main Street); in line with the Eastern (exposed) Gate Post; immediately past the property named 'Newhaven'.


Course: K11/10T

## Competitors Notes:

With a lack of changing facilities please consider arriving dressed in your riding apparel.
HQ Car Parking will be available from 7.30 am . Use the Gravelled area \& adjacent sports field grass as overflow Parking. We have a large Entry so please park in line with the hedge keeping spaces regimented \& reasonably compact but mindful of Social Distancing.

A new set of disposable numbers \& new pins will only be issued to Competitors personally when they have 'Signed On'; please remember to bring your own pen \& also that you are required to 'Sign Off' after you ride.

Note this is a Type A Event \& as such sleeveless tops are not permitted, (Regulation 16); "sleeves shall be at least mid-upper arm in length".
It is two miles from the HQ to the Start; please allow sufficient time to be ready for the Time Keeper but do not arrive more than a few minutes before your slot, (Social Distancing).

Every Competitor is to Self Start, no assistance will be allowed.
Please do not warm up on the Course once the Events have started, (8.21). NOTE: we have previously had complaints from other Competitors, particularly on the B4429 run in to the Finish where due to riders warming up Competitors have needed to either brake or pull out in front of vehicles approaching from behind. It also causes considerable confusion for the Finish Timekeeper. We suggest using the A45 to the East of Dunchurch, (in the direction of Willoughby \& Daventry), for your warm up if necessary. Any rider failing to comply with this request risks disqualification.

Handicaps have been set according to data taken from the CTT Standard Chart, based on best times at the distance during the last three years where this has been available.

## PRIZE LISTS:

Note: Prizes will be forwarded with a Result Sheet within seven days of the Event.
Age Categories, (age on day), Juv under 16, Jnr 16-18, Esp 19-21, S 22-39, A 40-44, B 45-49, C 50-54, D 55-59, E 60-64, F 65-69, G 70 \& over.
Age category Prizes will not be awarded to Competitors who have qualified for another Prize other than Team Prizes.

| Women's Event | Fastest |  | Best on Handicap |  |
| :---: | :---: | :---: | :---: | :---: |
|  | First | £45 | First | £20 |
|  | Second | £35 | Second | £15 |
|  | Third | £25 | Third | £10 |
|  | Fourth | £20 |  |  |
|  | Fifth | £15 |  |  |
| Fastest in each Age Group $£ 15$ |  |  |  |  |
| Fastest Club Team of 3 Riders $£ 15$ each. |  |  |  |  |
| Many thanks to JR for his kind donations towards the Women's Prize List |  |  |  |  |
| Men's Event | Fastest |  | Best on Handicap |  |
|  | First | £45 | First | £20 |
|  | Second | £35 | Second | £15 |
|  | Third | £25 | Third | £10 |
|  | Fourth | £20 |  |  |
|  | Fifth | £15 |  |  |
|  | Fastest in | Age Group |  |  |

Fastest Club Team of 3 Riders $£ 15$ each.

## 'Who was Diana Cooke'?

Diana was a keen Member of Coventry CC through her teenage years up until her untimely death. An ever present face on Club Runs and at Social Events, often participating in Club Time Trials. A very popular young lady amongst her peers; she was acting Editor of the Club's Magazine, 'The Milestone'. To date, no one else has ever achieved the same level of success in cajoling articles from the other Club Members for use in the magazine; (Women's Power).

During that period the Cooke's were a cycling family, Diana was the younger sister of Chris and Tony, both prominent racing members of the C's. Diana's unfortunate death came in 1983 at the tender age of 22, leaving her sadly missed by her many friends in the cycling fraternity. If she were still alive, Diana would be an Aunt to Nicole Cooke the Women's World Road Race Champion in 2003 \& 2006, winner of the Women's Tours of France, Italy \& Germany in 2006 and UCI ranked No. 1 Women in the World in 2007. The highlight of her career obviously being her Olympic \& World Championships in 2008.

> Barry \#.

## Previous Winners of the 'Diana Cooke Memorial', 10 Mile Time Trial

1984 Helen Parritt Zenith CC 24.45

1985 Mandy Jone
1986 Maria Blower
1987 Sandra Curtis
1988 Sandra Curtis
1989 Theresa Coltman
1990 Maxine Johnson
1991 Mandy Jones
1992 Louise Jones
1993= Maria Lawrence
1993= Alison Thomas
1994 Maxine Johnson
1995 Maxine Johnson
1996 Maxine Johnson
1997 Maxine Johnson
1998 Maxine Johnson
1999 Maxine Johnson
2000 Gillian Reynolds
2001 Maxine Johnson
2003 Michelle Brown
2004 Nadine Garioud
2005 Ruth Eyles
2006 Ruth Eyles
2007 Ruth Eyles
2008 Ruth Eyles
2009 Ruth Eyles
2010 Michelle King
2011 Michelle King
2012 Rebecca Slack
2013 Rebecca Slack
2014 Rosie Armitage
2015 Rachael Elliot
2016 Rachael Elliot
2017 Rachael Elliot
2018 Liz Powell
2019 Liz Powell
2020 No Event Held

West Pennine RC 23.22
Charnwood CRC 24.50
Solihull CC 25.25
Solihull CC 25.26
Hull Thursday 24.14
Dinnington RC 25.23
Liverpool Mercury $\quad 22.24$ Nat Champs
GS Strada 23.53
Rockingham Forest 24.40
Stourbridge CC 24.40
Oundle Velo 24.01
Oundle Velo 23.51
Team Lusso 23.21
Letchworth Velo 23.21
Letchworth Velo 23.26
Letchworth Velo 23.45
Willesdon CC 25.20
Inter Bike RT 24.25
Coventry CC 24.47
Leamington C\&AC 24.34*
Beacon Roads CC 23.33
Beacon Roads CC 23.38
Beacon Roads CC 22.36*
Beacon Roads CC 23.32
Beacon Roads CC 22.51
Cult Racing 22.23\#
Cult Racing 22.43
London Dynamo 23.26
Look Mum No Hands! 23.14
Team Echelon-Rotor 24.09
Newbury RC 23.32
Newbury RC 21.21**
Drag2Zero 22.34
Drag2Zero 22.47
Drag2Zero 22.30**
Due to COVID-19

The Event marked \# is the Ladies Event Record on its Original Course (K41/10.) Events marked * were on (K10/10) \& those marked ** (K11/10T) for various reasons.

